

# Planning for Driving Retirement



A Guide to Transportation Options for Older Adults



For drivers who are no longer able to navigate the road independently or are in need of private or public transportation.



Kenneth W. Jenkins, County Executive  
Mae Carpenter, Commissioner  
Department of Senior Programs and Services  
Hugh J. Greechan, Jr., P.E., Commissioner  
Department of Public Works and Transportation



## PUBLIC TRANSIT

### Westchester County Bee-Line System – Senior and Disabled Services

#### The Bee-Line Bus System

operates close to 60 bus routes providing service in and around



Westchester, to the Bronx, Manhattan and Putnam. Bee-Line buses are designed with safety features to accommodate seniors including "kneeling" buses, ramps or lifts for wheelchairs. Visit <http://transportation.westchestergov.com/senior-and-disabled-services> or call (914) 813-7777.



#### Senior Reduced Fare Program

Individuals at least 65 years of age, pay a half

fare on the Bee-Line fixed route service. For easier travel, individuals can apply for a Reduced Fare OMNY Card Visit <https://transportation.westchestergov.com/senior-riders>

### Westchester County Bee-Line Para Transit Service

Para Transit service provides transportation on an advanced reservation basis for people with disabilities who are not able to ride a regular fixed-route bus. Para Transit is a curb-to-curb, Origin to Destination Service. You must be certified to use all Para Transit service.

For information about Para Transit and the certification process call (914) 995-7272 or visit, <http://transportation.westchestergov.com/bee-line/paratransit>

## COUNTYWIDE SAFETY PROGRAMS

### Pedestrian Safety

Pedestrian safety educational presentations are sponsored by Westchester County and offered free of charge. Upon completion of this class participants will be able to identify the most common situations that increase the chances of being hit by a car and learn the best ways to take control of potential dangers. Call (914) 995-2270 to schedule a presentation for your group.

### Senior - Be Educated About Transit (B.E.A.T) Program How to Ride Presentation

Senior - Be Educated About Transit Program is a transit orientation program that instructs Westchester seniors on how to safely and successfully use the Bee-Line System to promote greater travel independence. Seniors will learn about key bus safety and "how to ride" skills, the accessible features available on a Bee-Line bus and how to use the Reduced Fare Program. Call (914) 995-1621 or visit <http://transportation.westchestergov.com/transit-education/senior-b-e-a-t>

### VISIONS Service for the Blind and Visually Impaired

When someone loses his/her vision there are many day-to-day activities that become challenging both in the home and in the community. These challenges require training and adaptations to improve someone's overall safety and independence. VISIONS has a team approach to help you and your family learn the techniques to live with vision loss and remain active at school, home, work and in the community. In addition to instruction in daily living skills at home, VISIONS provides older individuals with vision loss instruction in how to cross street safely and how to travel on public transportation. Call 1-888-245-8333 or visit <https://www.visionsvcb.org>

## TRANSPORTATION OPTIONS



### TRA Group, Inc.: Transportation Resources Access. Free rides and referral services for older adults.

TRA Group, Inc. is a nonprofit organization that provides free non-emergency medical transportation to adults age 60+ and for adults with low vision aged 21+. Older adults can schedule rides for medical appointments, Monday-Friday, 9am-5pm. Our team of staff and volunteer drivers provide rides anywhere within Westchester, Putnam, and Southwest Fairfield counties. TRA's Call Center also provides referral services for programs and resources to empower older adults to live independently. To find out more and to schedule a ride, contact TRA by phone at 914-764-3533 or visit the TRA Resource Hub at: <https://my-TRA.org>

### WJCS – Project Time-Out

Project Time-Out provides in-home respite and escort services to older adults over the age of 60. This offers their caregivers a much needed break. The service involves providing compassionate care and supervision to those who are too frail to be left alone, have dementia or to those who require assistance when going out. Companions will visit the home to offer companionship, socialization, help cook a meal, escort an older person on errands, medical

## TRANSPORTATION OPTIONS



appointment or on an outing usually by taxi, ParaTransit, or by a caregiver or friend driving them. Clients are responsible for providing the transportation and any costs involved in the outing. Call (914) 761-0600 ext. 2310 or visit [www.wjcs.com](http://www.wjcs.com)

### American Cancer Society – Road to Recovery

*Road to Recovery* provides cancer patients with ground transportation to and from cancer-related medical appointments at no charge. Rides are dependent on volunteer driver availability. Patients must be able to walk unassisted to and from the vehicle, or have an accompanying caregiver to assist. Call 1-800 227-2345

## PRIVATE TRANSPORTATION OPTIONS

### At Home On the Sound

Phone: (914) 899-3150  
[www.athomeonthesound.org](http://www.athomeonthesound.org)  
Service Hours:  
Mon - Thurs: 9AM - 4PM  
Friday: 10AM - 2AM  
Service Fee: Membership fee required  
Transports Disabled: Yes  
Requirements: Age 60 and above/Membership fee required

### Hastings F.I.S.H. (Friends in Service Helping)

Phone: (914) 999-2090  
[www.hastingsgov.org](http://www.hastingsgov.org)  
Service Hours: 9 AM to 5 AM  
Service Fee: free  
Transports Disabled: The individual needs to have to be able to get into a car.  
Requirements: **Must be a resident of Hastings.** Provides rides to medical or dental appointments within Westchester County only. Rides are provided by volunteer drivers.

### It Takes a Village 10591 (ITAV)

Phone: (914) 222-5116  
<https://itav.clubexpress.com/>  
E-mail: [info@itav10591.org](mailto:info@itav10591.org)  
Service Hours: 9:15AM – 4:45PM, Mon- Fri (except holidays)  
Service Fee: Yearly membership fee  
Mission: To provide support & services that help seniors 55 + in our community to remain independent in their homes.

### SPRYE

Phone: (914) 481-5706  
[www.sprye.org](http://www.sprye.org)  
Service Hours: 9 AM to 5 PM  
Service Fee: Yearly membership fee  
Transports Disabled: Yes, limited capabilities  
Requirements: Age 55 and above. Must be a resident of Port Chester, Harrison, Rye, and Rye Brook.

### Cancer Support Team

Phone: (914) 777-2777  
Contact Persons: Mercedes Estabridis  
Address: 2900 Westchester Ave. Suite 304 Purchase NY 10577

### Gramatan Village

Phone: (914) 337-1338  
Email: [info@gramatanvillage.org](mailto:info@gramatanvillage.org)  
[www.gramatanvillage.org](http://www.gramatanvillage.org)  
Gramatan Village engages community residents who want to remain in the home and neighborhood they love. We support aging-in-community with a network of volunteers, community partnerships and peer connections that enable members to stay independent and fully engaged in the community.  
Service hours: 9AM – 5 PM, Mon – Fri  
Service Fee:  
Transportation provided to Members Only Annual Membership Fee Required  
Transports Disabled:  
No – will transport those using walkers Must reside in following zip codes: 10707, 10708, 10709, 10583, 10552



## ADDITIONAL TRANSPORTATION OPTIONS

**Medicaid Transportation** - For information on eligibility requirements for Medicaid transportation contact Medical Answering Services LLC at **800- 850-5340** or visit the website at [www.medanswering.com](http://www.medanswering.com).

**Insurance Company** - Check with your insurance carrier to see if they offer medical transportation or reimbursement for transportation to and from medical appointments.

**Houses of Worship** - Contact your local House of Worship to ask if they provide transportation services.

**Local Taxi Service** - Contact your local taxi company. Many taxi companies offer discounts or special services for local trips.

**Community/Senior Center** - Contact your local Parks and Recreation Department/ Senior Center to learn what transportation services are available to residents. *(See chart for details)*

Local Park and Recreation Programs		
Ardsley	Ardsley Village Senior Center	(914) 693-8012
Bedford, Town of	Bedford Senior Citizens (Parks and Rec.)	(914) 666-7203
Briarcliff Manor Village of	Briarcliff Manor Senior Services	(914) 941-6560
Cortlandt, Town of	Cortlandt Office of the Aging	(914) 528-1572
Dobbs Ferry	Dobbs Ferry Senior Program	(914) 231-8565
Eastchester, Town of	Eastchester Senior Services	(914) 771-3340
Greenburgh, Town of	Greenburgh Senior Services	(914) 989-1807
Harrison, Town/Village of	Harrison Senior Rec. Center	(914) 670-3028
Hastings on Hudson	Hastings on Hudson Senior Outreach	(914) 478-2380
Irvington	Irvington Senior Programs	(914) 591-7786
Larchmont	Mamaroneck Senior Center	(914) 834-8840
Lewisboro, Town of	Lewisboro Senior Adults Parks and Rec.	(914) 232-6162
Mamaroneck Town/Village	Mamaroneck Senior Center	(914) 834-8840
Mt. Kisco	Fox Senior Center	(914) 666-8931
Mount Pleasant, Town of	Office of Elder Americans	(914) 592-6441
Mount Vernon, City of	Mount Vernon Department of Rec.	(914) 665-2420
New Castle, Town of	Town of New Castle Senior Services	(914) 238-8888
North Castle, Town of	North Castle Recreation & Parks Dept.	(914) 273-3325
North Salem, Town of	North Salem Senior Programs	(914) 669-5665
New Rochelle , City of	New Rochelle Office of the Aging	(914) 235-2363
Ossining, Town of	Ossining Senior Services	(914) 762-1350
Peekskill, City of	Peekskill Senior Center	(914) 734-4250
Pelham, Town of	Pelham Recreation	(914) 738-0153
Pleasantville	Clinton Street Center	(914) 769-2021
Port Chester	Port Chester Senior Community Center	(914) 939-4975
Pound Ridge, Town of	Neighbor to Neighbor	(914) 764-8201
Rye, Town of	Rye Recreation Department	(914) 967-2535
Rye Brook	Rye Brook Senior Center	(914) 939-7904
Scarsdale	Scarsdale Seniors Club	(914) 722-1160
Sleepy Hollow	Sleepy Hollow Recreation & Parks	(914) 366-5109
Somers, Town of	Somers Senior Services	(914) 232-0807
Tarrytown	Tarrytown Recreation Department	(914) 631-8347
Tuckahoe Village of	Tuckahoe Senior Center	(914) 337-8487
White Plains, City of	White Plains Senior Center	(914) 422-1423
Yonkers, City of	Yonkers NNORC	(914) 391-1323
Yonkers, City of	Yonkers Office for Aging	(914) 963-4411
Yorktown, Town of	Yorktown Senior Services	(914) 962-7447