

Some of what we offer...

- Hot Nutritious Lunches
- Home-Delivered Meals
- Health Promotion Activities
- Recreational Activities
- Arts and Crafts
- Exercise
- Dance
- Picnics
- Trips
- Sightseeing

plus...

- Transportation
- Companionship
- Medication Management
- Educational Programs
- Adult Day Care
- Weekend Programs

We welcome you to share your interests, talents and skills!

Voluntary suggested contributions are posted at each nutrition site. Contributions are anonymous, and no one is denied lunch due to inability or unwillingness to contribute.

The centers open as early as 10 a.m., and you are invited to stay until they close. Anyone 60 or older can participate. If married, one spouse must be at least 60.

Sponsored by

Westchester County

Department of Senior Programs and Services

9 South First Avenue - 10th Floor

Mount Vernon, New York 10550

(914) 813-6300

www.westchestergov.com/seniors

Funded through the US Department of Health and Human Services - Administration on Aging and the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services (WCDSPS). In accordance with Federal law, the WCDSPS prohibits discrimination because of race, color, sex, national origin, religion, age or handicap, in all aspects of the provision of services for the benefit and welfare of Senior Citizens, and in all employment practices including hiring, firing, promotion, compensation and other terms, conditions and privileges of employment. Further, subcontractors of the WCDSPS shall be required to meet the above stated standards. *Revised October 2017*

Nutrition & Health & Wellness

Programs for Westchester's Seniors



Westchester
gov.com

George Latimer, County Executive
Mae Carpenter, Commissioner
Department of Senior Programs and Services

#MyWestchester
post your pic





Sites Around Westchester County...

Cortlandt

Department of Senior Programs and Services
Muriel H. Morabito
Community Center
29 Westbrook Drive
528-1572



Eastchester

Eastchester Department of Senior Programs and Services
40 Mill Road
771-3340

Senior Center at Lake Isle
660 White Plains Road
337-0390

Sundays at Concordia
171 White Plains Road
771-3340

Greenburgh-Ardsley

Office for the Aging
11 Olympic Lane, Ardsley
693-8997

Dobbs Ferry Senior Center
112 Main Street
Dobbs Ferry
231-8529

Theodore D. Young
Community Center
32 Manhattan Avenue
White Plains
989-3640

The Neighborhood House
43 Widley Street, Tarrytown
330-3855

Mamaroneck

Town of Mamaroneck
Senior Center
1288 Boston Post Road
834-8840

Mount Kisco

The Fox Senior Center
198 Carpenter Avenue
666-8931

Mount Pleasant

Office of Elder Americans
& Bradhurst Senior Center
63 Bradhurst Avenue
592-6441

Mount Pleasant Senior Center
125 Lozza Drive
769-0155

Mount Vernon

Office of the Aging
& Armory Senior Center
144 N. Fifth Avenue
665-2454

Rev. Shelton E. Doles
Community Center
250 S. Sixth Ave
665-2447

WJCS Senior Programs
550 N. Columbus Ave (Kosher)
668-4350

New Castle

New Castle Community Center
10 Senter Street, Chappaqua
238-2093

New Rochelle

Office for the Aging &
Hugh A. Doyle Senior Center
94 Davis Avenue
235-2363

Ossining

Ossining Senior Center
95 Broadway
762-7655

Peekskill

Senior Center at the
Neighborhood Facility
4 Nelson Avenue
734-4250

Port Chester

Senior Community Center
222 Grace Church St
939-4975



Somers

Van Tassel Senior Center
98 Primrose Street, Route 139
232-0807

White Plains

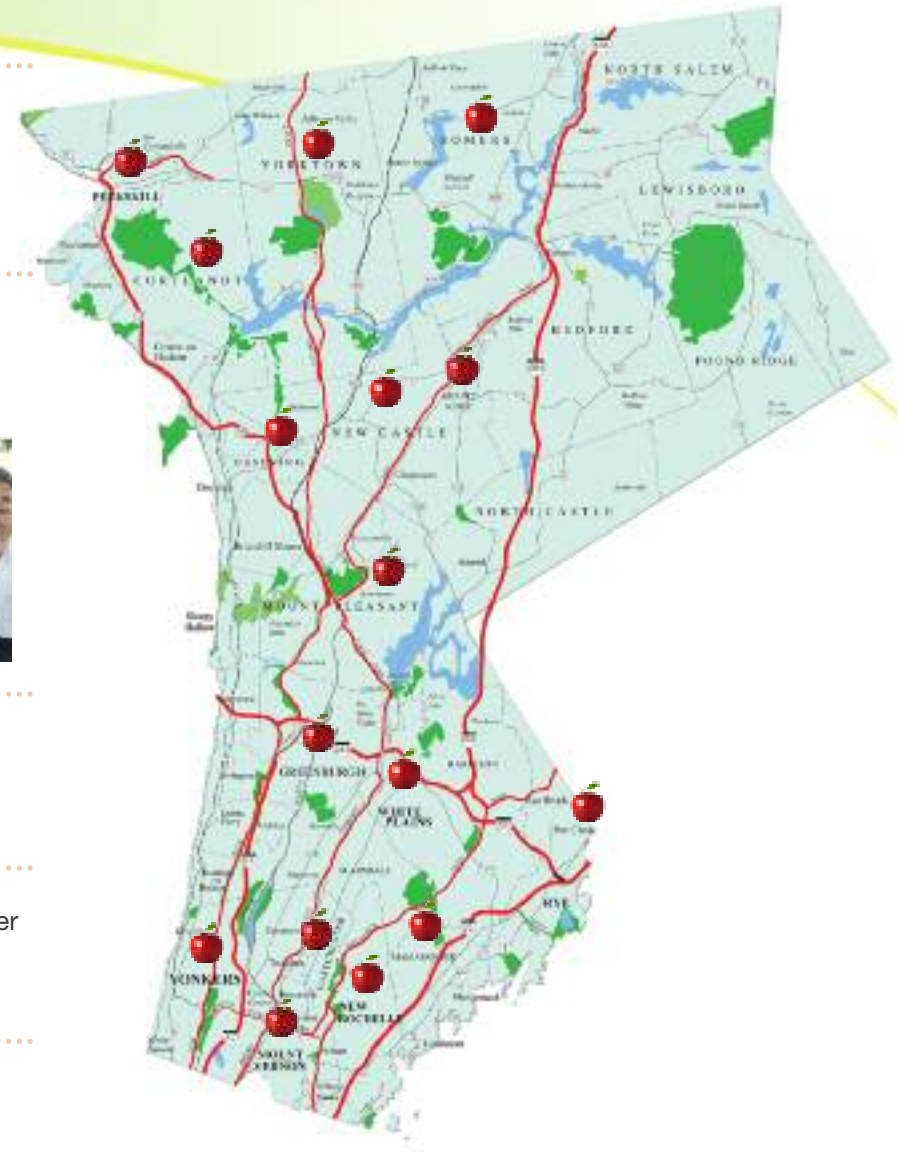
White Plains Community Center
65 Mitchell Place
422-1423

Yonkers

Yonkers Office for the Aging
Chema Center
435 Riverdale Ave.
963-6662

Bronx River Road Scotti Center
680 Bronx River Road
377-6490

Nepperhan Community Center
342 Warburton Avenue
965-0203



North Yonkers Preservation
219 Ridge Avenue
377-6825

YWCA of Yonkers
YWCA Senior Center
87 South Broadway
963-0640

Yorktown

Community and
Cultural Center
1974 Commerce Street
962-7447